

Air Cam Walking Boot Low Top

The **ISO Preferred Air Cam Walking Boot Low Top** is a pneumatic foot and ankle brace designed to immobilize the foot and ankle promoting proper healing and reducing the time it takes to heal discomfort from mild to moderate soft tissue trauma of the foot and ankle, fixation after stable toe fractures, post-operative foot surgery and grade I ankle sprains.



ISO Preferred Air Cam Walking Boot Low Top (FT37X) is intended to provide stability for Mild to Moderate Soft Tissue trauma, Fixation after stable toe fractures and Grade I ankle sprains. The boot has a soft cushioned inner liner with adjustable medial/lateral air bladders that allow for personalized compression to increase comfort and support the ankle and heel making it beneficial for injuries that require swelling management or where a customizable fit is necessary.

1. Remove additional (3) comfort padding sections from inside the boot.
2. Loosen and remove the hook & loop fastening straps from the front of the boot. Detach the face plate at the top of the foot liner. Notice that the hook & loop adhesive tape at the top and bottom of the face plate will allow the face plate to stay positioned properly. (The blue pump attaches and detaches from the front of the boot.
3. Open the padded liner sections of the boot, place the foot inside the boot and make sure the heel is well positioned in the back of the boot and that the toes do not extend beyond the toe guard.
4. Secure the liner at the top of the foot by overlapping the padded section and securing. Apply the additional comfort padding sections, if needed, on the front and sides of the ankle. Finish by securing the liner at the front of the lower leg.
5. With the foot well positioned in the boot, reapply the front plate and attach the straps to the desired tension (5A). Start with the top straps (2) and adjust the tension on both sides at the same time. Then proceed to attach the middle strap and then the bottom strap to the desired tension. (5B). **DO NOT OVERTIGHTEN.**
6. The front adjustable toe guard is removeable. Remove and detach toe guard as needed. To remove the toe guard, lift the toe guard to the upright position to unlock, squeeze at the ends and remove. To reattach, align the post with desired hole for correct fit.
7. To put air inside the boot, locate the inflate and deflate nozzle at the top of the boot. Turn the valve clockwise until secure, then squeeze the blue bulb until you feel adequate pressure. To remove air from the boot, simply turn the valve counter-clockwise and compress.





INTRODUCTION

Your **ISO Preferred Air Cam Walking Boot Low Top (FT37X)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Air Cam Walking Boot Low Top (FT37X)** that is included here within. It is intended for the use of qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions in regards to adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with your needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean **ISO Preferred Air Cam Walking Boot Low Top (FT37X)** you will want to separate the parts where applicable and care for them individually.

- Remove the pads and straps for hand washing. Wipe the plastic brace and hinges with damp cloth.
- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Hand wash liner pads and straps in cold water with a mild detergent. Lay flat to air dry. Allow all parts to air dry prior to reassembling the device.

CAUTION

The **ISO Preferred Air Cam Walking Boot Low Top (FT37X)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**